



Good Discipline, Great Teens

Dr. Ray Guarendi

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With wit and wisdom, Dr. Ray Guarendi gives parents the tools they need not only to navigate the teen years but also to enjoy them. Teens are "full of life, enthusiasm, energy and laughter," Dr. Ray says, although our culture primes us to expect a far darker reality.

In a lively question-and-answer format, *Good Discipline, Great Teens* considers issues ranging from curfew to drugs to backtalk and equips parents to give their teens a safer, more stable adolescence, and character and virtues for a lifetime.

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