

Loving Him Without Losing You: Eight Steps to Emotional Intimacy Without Addiction

Carolyn N Bushong L.P.C.



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Writing in a clear, direct style, Carolyn Nordin Bushong details her proven 8-step program in developing emotional self-reliance, which first involves separating from not only the kind of men that women are addictied to, but also the families and family dynamics that created the love addiction in the first place.

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