



# Understanding and supporting behaviour through emotional intelligence: A critical guide for secondary teachers (Critical Teaching)

*Victor Allen*

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The behaviour of students is a common concern and challenge for those working in secondary schools. In addition there is continued government emphasis on behaviour as an important educational issue. This book, aimed at all secondary trainees and teachers, takes a fresh approach to the topic and looks at how an understanding of behaviour types and new findings on the development of the brain can increase emotional intelligence, improve classroom behaviour, promote stress-free teaching and so enhance learning in the secondary school. This accessible text combines both theory and practice, encourages reflection throughout, and offers a wealth of ideas and resources to help teachers develop their skills in this area.

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