



The ADD & ADHD Diet: A Comprehensive Look at Contributing Factors and Natural Treatments for Symptoms of Attention Deficit Disorder and Hyperactivity (Paperback) - Common

By (author) Rachel Bell

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Every day, children are diagnosed with attention deficit disorder (ADD) or attention deficit hyperactivity disorder (ADHD). They are given powerful drugs like Ritalin in order to cope with their ADD, but many parents don't realize the dangerous side effects associated with these drugs, particularly the possibility of dependency. Addressing the causes of ADD and ADHD should be the first step in any...

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