



Sunrise from An Icy Heart: A Memoir

Claudette Alexander

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Do you want to overcome betrayal, grief, and/or manage a chronic health condition, and find fulfilling love? SUNRISE FROM AN ICY HEART: A MEMOIR begins with love and ends with love. You go on a discovery of the human need to find a special love, no matter what, no matter where, no matter how. This novel will have you believing in true love even after a heart damaged from debilitated relations. As Claudette's inner warrior awakens, she stands in her power, courage and confidence. From this place of strength she is able to turn pain into pleasure and unleash her inner Goddess. Told with drama and style, sparkling with warmth and humour. Sunrise From An Icy Heart captures the pain and pleasures of one young woman forging ahead against the odds. Alexander chronicles her journey from age 22 to 59. A story of survival and determination, from St. Lucia to Canada through a midst of rejections, abandonment and the power to smash through the fence of fear and fly. A sensual, amusing, and fun read that will stimulate your senses, make you laugh, cry and learn essential life lessons. This book is intended for mature readers.

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Kelly Livingston:

Spent a free time for you to be fun activity to perform! A lot of people spent their down time with their family, or their particular friends. Usually they undertaking activity like watching television, gonna beach, or picnic inside park. They actually doing same every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? May be reading a book could be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the e-book untitled Sunrise from An Icy Heart: A Memoir can be excellent book to read. May be it may be best activity to you.

Carolyn Hoar:

Why? Because this Sunrise from An Icy Heart: A Memoir is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will surprise you with the secret that inside. Reading this book alongside it was fantastic author who also write the book in such awesome way makes the content inside easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of rewards than the other book possess such as help improving your expertise and your critical thinking technique. So , still want to postpone having that book? If I had been you I will go to the e-book store hurriedly.

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