



Becoming Fire: A Freudian Psychoanalyst's Spiritual Journey

M. D. Sally K. Severino

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Becoming Fire: A Freudian Psychoanalyst's Spiritual Journey shows us how to synthesize spiritual beliefs and science, our inner lives and our work in the world. We share the journey of an ordinary person who discovers the extraordinary-faith in God-amidst the atheism of the Freudian path. We share the triumph of grace as we follow Dr. Severino through personal tragedy and loss to joy. We find inspiration for healing our mind and nurturing the soul, hope for inner peace despite our turbulent times, encouragement to move from fear to love of all, and pleasure in reading a story well told. "In Becoming Fire: A Freudian Psychoanalyst's Spiritual Journey, Sally Severino, M.D. lays bare her life-professional and private, her psyche, and her soul. She embodies the merger of Freud and God, strange bedfellows by traditional standards, but strangely compatible in Dr. Severino's experience. In reading this book, you will have a greater understanding of Freudian psychology and a greater understanding of God. More importantly, you will have a greater understanding of yourself." -Susan Carrell, author of Escaping Toxic Guilt: Five Proven Steps to Free Yourself from Guilt for Good! "Becoming Fire takes the reader on a spiritual odyssey free of self-righteousness, lectures or posturing. Author Sally Severino shares her journey to God with the skill of a seasoned storyteller. A Freudian-trained psychiatrist and psychoanalyst, Dr. Severino credits Freud with sparking the quest of self-discovery that led her to God and to her own personal happiness. Her memoir offers hopeful reassurance and inspiration for anyone who feels that life is too hard, Christianity too complex, and God too abstract and far away to be of relevance to our human existence." -Anne Hillerman, author of Tony Hillerman's Landscape: On the Road with an American Legend Sally K. Severino, MD is Professor Emeritus of Psychiatry at the University of New Mexico Health Sciences Center. Dr. Severino is certified by the American Psychoanalytic Association and served as the first woman president of the American College of Psychoanalysts. She is grounded in the Christian contemplative tradition, has served on the Board of Directors for The Contemplative Center of St. Michael & All Angels Episcopal Church, Albuquerque, New Mexico, and is a Felician Associate of the Assumption of the Blessed Virgin Mary Province in Rio Rancho, New Mexico. www.neurospirit.net

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