



Child & Adolescent Mental Health: Theory & Practice (Hodder Arnold Publication)

Margaret Thompson, Christine Hooper, Michael Cooper, Christine M. Hooper

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Child and Adolescent Mental Health is an introductory handbook ideal for any professional working with children, adolescents and their families in the field of child and adolescent mental health. It balances clear theoretical explanation with illustrative case histories to give the text a distinct practical focus.

The book covers all the core aspects of child and adolescent mental health, starting with the background to emotional and behavioural problems, looking at models and tools for assessment and treatment before examining the specific problems encountered in young children, older children and adolescents.

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