



Sleeping With My Inner Me

Dr. Glenda Brown-Akiens

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Sleeping With My Inner Me was birthed to help the children of God to trust Him and lean not on their own understanding, but to have faith in the Word of God. It lets you know that healing is the children's bread. Everything we go through in life is not just for us, but just like Jesus, He went through all His sufferings on our behalf. There is no need to continue reliving the hurts and frustrations of your past over and over again. Heartaches may continue to weigh heavy on our spirits as we cling to the pain, bitterness and disappointment of past hurts and failures. Understand that you are not destined to a life of unending burden and conflict. You are destined to live a FULL and complete life - a life complete with what you REALLY want! Sleeping With My Inner Me is the beginning of your journey to the life you deserve.

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