



Natural Remedies Box Set: Beginners Guide on How to Improve Your Health Using Natural Remedies (natural remedies, natural healing remedies, crystal healing,)

Jake Watson, Sheri Nash, Timmy Patel, Sun Price, Frances Adkins, Wanda Buchanan

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BOOK #1: Crystal Healing: 25 Lessons to Use Crystals for Healing and Cleansing

This book provides you with an introduction to the practice of crystal healing for personal growth and development.

BOOK #2: Essential Oils for Allergies: Top 10 Essential Oils You Can Use For Allergies

This guidebook is going to talk about essential oils and how they are able to help you to feel your very best when it comes to allergies. Essential oils can help with so many different health concerns and conditions that you are going through and allergies are no different. This guidebook will tell you the top 10 essential oils that you can use in order to prevent or alleviate the allergy symptoms that you are going through.

BOOK #3: Honey: 22 Lessons on How to Use Honey for Medicinal Purposes and Learn Its Amazing Healing Powers

This guidebook is going to spend some time looking over some of the more popular uses for honey and can help to explain why it is such a great thing.

BOOK #4: Make Ahead Paleo: 20 Proven Benefits of Paleo Eating That Can Improve Your Health

The benefits of Paleo diet given in this book will not only help you to realize how important its role is in your health and your day to day life, but also will aid you in understanding what food items are included in the Paleo diet, and what things are considered as unhealthy and should be avoided. Also, explore easy to follow Paleo diet plan, which will surely make you healthy from inside as well as beautiful from outside, resulting in a healthy, happy and satisfied life.

BOOK #5: Natural Antibiotics: 20 Valuable Tips On How to Use Echinacea As an Alternative Medicine for Natural Healing With Home Remedies

This ebook will give you a comprehensive overview of one of the most important medicinal plants available and offers tips on how you can use Echinacea to boost your immune system, fight off infections and improve your overall health.

You will learn how to replace some prescription medications with Echinacea and how to reduce your dependence on many harmful, prescription drugs.

BOOK #6: Crystals: Crystal Healing For Beginners. Uncover The Healing Power Of Crystals And Healing Stones and Learn How To Heal The Human Energy Field, Reduce Stress and Experience Instant Relaxation

Crystals are not just pretty to look at and delightful to hold, they also hold somewhat magical qualities, including the ability to promote healing and balance in the body and mind. But not just any old crystal will do. You need to know what crystals work on the particular problem or purpose you want them for. This book can show you how to choose a crystal, what each crystal is useful for and how to use them.

BOOK #7: Essential Oils: Great Beginners Guide with Essential Oils Recipes. How to Lose Weight and How to Deal With Stress

The book details the use of essential oils for relaxation of the mind and body with reference to a number of clinical studies which have verified the claims that aromatherapy has positive health effects. The book also examines a number of essential oils which can be used to help manage issues of overeating and weight gain by acting as natural appetite-suppressants or metabolic boosters. Finally, the book will act as a guide for how to use these essential oils through baths, massage, inhalation or ingestion in order to feel their benefits.

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Patricia French:

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Melissa Sands:

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