



# Dictionary of the Martial Arts

*Louis Frederic*

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## **Dictionary of the Martial Arts** Louis Frederic

A reference text with entries which cover all aspects of the martial arts - historical, technical and biographical, with examination syllabuses for grading purposes and rules of contest. Features include cross references outlining the relationship between the martial arts and styles of one country to those of another. The various illustrations depict different techniques, and present portraits and action shots of the great martial arts masters. The book is intended for students of the martial arts. The editor and translator, Paul Crompton, has written a number of other books; these include "Karate Training Methods", "Kung Fu Theory and Practice", "Chinese Soft Exercise" and "T'ai Chi for Two".

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