



# **Was It Because I Swallowed?: A Cautionary Tale of a Groupie Turned Celebrity Braider Chasing Paper in the ATL**

*Celeste Duarte*

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WAS IT BECAUSE I SWALLOWED is a memoir about a female who lacks value beyond belief. Her story exposes the ugly truths about the groupie and gold digger behavior in hopes of deterring other young women from following that same shallow path. Her deeply personal story follows her pursuit of men with fame and fortune only to swallow the bull that comes along with the belief that all that glitters must be gold. At times this fascinating true story is both salacious and shocking but ultimately its social significance lies in the authors socially conscious attempt to add value and increase self-esteem in young females across America who so desperately need it.

Girls who grew up in harsh environments and who are now broken need to know they are jewels and have been so since day one. This story is emotional yet funny because the author can laugh at her pain now. She survived it. The title, although controversial, is metaphorical and is repeated multiple times throughout the book. In her early childhood had there been people that were as serious about their life-journey as the author is now she wouldn't have had to wait so long for her own sense of self worth. She could have made something of herself many moons ago. Instead, like a rabbit with a dangling carrot in front of it, she wasted time chasing after pro-athletes and rappers who'd already achieved their own merits not realizing that in fact she herself was a treasure and that true potential was within her all along.

Frank, funny and full on in its stories of megastars and their money. This inspiring book de-glorifies a morally wrong behavior that so many women condone. In the end, the author woke up and carved out a career as a writer. Now, she shares her hard earned knowledge of the years before then so that women everywhere can think twice before swallowing.

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