



Modern Gymnastics: Systematic Training for Jumping Horses

James Wofford

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Olympic eventing medalist and five-time US National Champion Jim Wofford, whose monthly Practical Horseman column is a must-read for thousands of fans worldwide, proven system for teaching horses to jump will improve any horse's performance over fences--while it's clearly explained, progressive gymnastics strengthen your position and refine your aids. When you make this book part of your horse's training, you'll be using the same program with which Jim has produced top international riders, including members of several Olympic eventing teams.

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