



Talking About Death

Virginia Morris

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Even in this candidly confessional age, we've been conditioned to avoid discussions of death. Our youth-worshipping culture does everything to deny death, which is why, when the end nears, most of us are inadequately prepared to deal with it.

And the cost of that is great: many are haunted by memories of how inappropriately or painfully or uncomfortably their parents and grandparents died. Many of us avoid even considering the options, in all their complexity, that we will most likely face one day, given our new longevity and the profound advances in medicine.

With its wise and very compelling argument that all of us, at any age, can and should face death before it faces us, Talking About Death addresses the cultural, personal, medical, and legal concerns that are necessary for us--as individuals and as a society--to prepare for a good death, a death where the dying are in control and not, as is too often the case, caught in a downward spiral of medical intervention and misunderstood intentions.

Virginia Morris skillfully weaves together personal stories and practical matters, scientific fact and spiritual sensitivity into an important book about how we can achieve a greater sense of peace in dying, and rediscover the art of living.



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