



# Nutrition and Your Child's Soul: Don Quixote's Heart-Cry

*Dolev Reuven Gilmore*

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## **Nutrition and Your Child's Soul: Don Quixote's Heart-Cry** Dolev Reuven Gilmore

Have you ever read a book about nutrition that makes you laugh and cry? This one will. Every day, parents are confronted with conflicting opinions about nutrition from many sources. *Nutrition and Your Child's Soul: Don Quixote's Heart-Cry* provides the necessary foundation in a new and clear way. It is one of those books that make the reader say, "Ah, I never thought about it that way before." It is a new voice for parents who want the best for their children, facing a world drunk with commercial interests, a world in which the power and importance of nutrition is underestimated even among the most honest and caring practitioners. "If Don Quixote would ride onto the scene today, he would gallop across the fields with no regard for his personal safety or reputation, tilting at the modern windmills of the medical and commercial establishments, which have their own priorities. Only parents truly have the interests of their loved ones at the top of their list. This book will give them tools of understanding, and the inspiration to stand up for their children, to feed them properly, and to think creatively about their potential. In the words of the author, Dolev Gilmore: "An old story is told about two stone cutters. When asked what he was doing, one said, 'I'm squaring a stone' The other said, 'I'm building a beautiful cathedral!' He saw the importance of his work in a broader sense. One day, while writing this book, I realized; I am not just writing a book, I am saving children." *Nutrition and Your Child's Soul: Don Quixote's Heart-Cry* is a wake-up call.

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