



# Addiction, Assessment, and Treatment with Adolescents, Adults, and Families

*M. Carolyn Hilarski*

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**Addiction, Assessment, and Treatment with Adolescents, Adults, and Families** M. Carolyn Hilarski  
Time-effective intervention and prevention tools for dealing with addiction

Addiction, Assessment, and Treatment with Adolescents, Adults, and Families examines addiction concerns ranging from prevention to relapse, offering effective intervention techniques and assessment tools to ensure delivery of the best possible service to clients who represent a variety of populations and mental health issues. Leading addiction researchers address new developments in theory, methodology, treatment, and assessment on counselor beliefs, contingency management, group treatment, rapid assessment instruments, behavioral couples therapy (BCT), family-based intervention, motivational interviewing, and 12-step programs and faith-based recovery. This essential professional and academic resource presents case studies, reviews, research findings, and empirical papers that offer unique perspectives on a variety of topics, including evidenced-based practice, theory of reasoned action, harm reduction, juvenile justice, and treatment outcomes.

Addiction, Assessment, and Treatment with Adolescents, Adults, and Families presents sophisticated, cutting-edge theory and practice concepts that provide professionals, practitioners, and educators with a more varied focus than most current available books on addiction. Counselors working in mental health settings and EAP programs, psychiatric nurses working in hospitals and outpatient settings, social workers, and students pursuing degrees in social work, nursing, psychology, and criminal justice will benefit from the book's wide range of appropriate addiction, treatment, and prevention methodologies.

Topics addressed in Addiction, Assessment, and Treatment with Adolescents, Adults, and Families include:

- understanding the gap between research and practice in substance abuse counseling
- prevalence and patterns of illicit drug use among juvenile offenders
- the relationship between the reported substance abuse of African-American and Hispanic youth and their perceived attachments with their primary caregivers
- using a harm reduction approach to the evaluation of treatment outcomes
- using a nonconfrontational approach to substance abuse counseling when addressing client denial
- why contingency management interventions are underutilized, especially in community settings
- how to determine if and when Motivational Interviewing (MI) and Adapted Motivational Interviewing (AMI) are effective
- how to use nonabstinence-based prevention services in working with adolescents
- how to use and score the K6 scale to screen serious mental illnesses
- how to use Receiver Operating Characteristics analysis to evaluate rapid assessment instruments

Addiction, Assessment, and Treatment with Adolescents, Adults, and Families is a vital professional resource and an invaluable aid to adults, adolescents, and families of anyone suffering with some level of addiction.

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