



# **Kitchen Confidential by Anthony Bourdain - A 15-minute Instaread Summary: Adventures in the Culinary Underbelly**

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## **Kitchen Confidential by Anthony Bourdain - A 15-minute Instaread Summary**

### **Inside this Instaread Summary:**

- Overview of the entire book
- Introduction to the important people in the book
- Summary and analysis of all the chapters in the book
- Key Takeaways of the book
- A Reader's Perspective

### **Preview of the earlier chapters:**

#### **Chapter 1**

Nine-year-old Anthony became a foodie when his father took the family on a trip to his native France. A fisherman took the family out on his boat one day. He asked if anyone wanted to try a raw oyster. Everyone else squirmed, so Anthony, in an attempt to shock his family, ate one and enjoyed it. That day he got hooked on culinary adventuring.

#### **Chapter 2**

At eighteen, Bourdain was spoiled and undisciplined. He was attending, and failing, Vassar College where he spent his time smoking pot, drinking, and trying to outrage people. He ended up in Provincetown, Massachusetts, in 1974, as a dishwasher at the Dreadnaught, a typical New England seafood shack. The management was laissez-faire with the waitresses handing out free drinks and sexual favors. To Bourdain, the four cooks were gods who dressed and acted like pirates. Bourdain was enchanted by the kitchen life. He was promoted to the salad station.

## About the Author

With Instaread Summaries, you can get the summary of a book in 30 minutes or less. We read every chapter, summarize and analyze it for your convenience.

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