



# Stars, Cars and Crystal Meth: The Adventures of a Personal Assistant Who Really Could Have Used One Himself

*Jack Sutherland*

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## **Stars, Cars and Crystal Meth: The Adventures of a Personal Assistant Who Really Could Have Used One Himself** Jack Sutherland

Jack Sutherland, the narrator and protagonist of this memoir has, you might say, led a charmed life in the face of seeming damnation. A confirmed alcoholic in his early teens, by his twenties he was PA and bodyguard to the Hollywood stars most notably Michael Stipe, RuPaul and Mickey Rourke. His work took him to exotic destinations around the world and bizarre encounters and requests. It also led him back to a smorgasbord of lethal addictions: alcohol, marijuana, ecstasy and perhaps most damaging of all crystal meth and the crazed chem sex that characterizes its use. On the shores of death's coastline, a nine stone skeleton in a frame that once boasted the shape and tone of a bodybuilder, Jack is saved. By his father, one of the literary world's most esteemed personalities: John Sutherland.

A son's memoir told through the prism and prose of a father will surely take its place among the classics of contemporary addiction and recovery stories like *A Portrait of an Addict as a Young Man* and *Another Bullshit Night in Suck City*. *Stars, Cars & Crystal Meth* lifts the lid on the shadow world of the Hollywood PA with grim but ultimately inspiring honesty.

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