



Hope For The Journey: Helping Children Through Good Times And Bad: A Story-building Guide For Parents, Teachers, And Therapists

William Cook, Michael A Rapoff, J William Cook, C R Snyder, C. R. Snyder, Ph.D. Diane Mcdermott

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Hopeful children are happier children who become more successful, productive adults. In *Hope for the Journey*, the authors, all professional psychologists who work with children and families, believe that adults can work with children to build hope and combat helplessness. Using stories that children construct and tell about themselves, this book takes the reader step-by-step through the hope-building process. Based on theory and research but written for the lay reader—the parent, teacher, and anyone who works with children—*Hope for the Journey* is a guide for infusing hopefulness in children. Chapters address parents working with children's normal, everyday problems, more difficult problems, and physical problems. Also included are discussions of how teachers can foster hope from primary through secondary school. The authors present fascinating case histories accompanied by simple line drawings that children can color in as they follow along with the stories. Appendixes include The Young Children Hope Scale for boys and girls as well as a comprehensive list of children's books on hope-related issues. This lively, engaging book is a valuable reference filled with real-life examples and motivation for parents, teachers, and children.

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