



# Common and Rare Thyroid Disease Complications: Secondary Problems Needing Special Attention

*James M. Lowrance*

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Patients with thyroid diseases can experience complications despite being treated for their thyroid disorders. Some complications may be related to inadequate treatment that is in need of being better-optimized while other complications arise due to the disease itself and must be treated as a separate health disorder. In this book I have endeavored to address the more common complications seen in thyroid patients and the treatments that are commonly recommended for them. I also relate my personal experience with some of these thyroid disease related complications and the treatments I undertook to resolve them. Included in the chapters are discussions on hair loss, diminished sex drive, adrenal fatigue, weight gain, diabetes risk and prevention and much more. This book is not intended to be an extensive manual but is intended to contain information most often sought by laypersons on the subject. CONTENTS: CHAPTER ONE: Hair Loss CHAPTER TWO: Diminished Libido CHAPTER THREE: Thyroid Autoimmunity and Hives-Rash (Urticaria) CHAPTER FOUR: Peripheral Neuropathy CHAPTER FIVE: Joint and Muscle Pain CHAPTER SIX: Fatigue Despite Thyroid Hormone Therapy? CHAPTER SEVEN: Is Dysautonomia Common in Thyroid Patients? CHAPTER EIGHT: Anxiety, Panic and Depression CHAPTER NINE: Metabolic Related Complications CHAPTER TEN: Thyroid Eye Disease CHAPTER ELEVEN: Adrenal Fatigue and Thyroid Patients CHAPTER TWELVE: What are Goiters? CHAPTER THIRTEEN: What are Thyroid Nodules? CHAPTER FOURTEEN: Thyroid Cancer a Less Common Thyroid Disease Manifestation CHAPTER FIFTEEN: Hashimoto's Encephalopathy Rare but Serious

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