



Change Your Mind Change Your Life: From Darkness into Light

Candice G Smith

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Change Your Mind Change Your Life is based off of real life trials that led to a spiritual awakening and change of a once limited perception that the author once had. In this book, the author describes her experiences with abuse, addiction, a dysfunctional home life and the deep rooted mental limitations that pushed and led her into a state of truly learning and recognizing what and who she truly is. She offers steps that have helped her to break lose from the fear and junk that had held her back for so many years. The author also teaches it's reader how to begin to live the life that we are all meant to live, which is living in peace, happiness, love and abundance.

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