



## Child and Adolescent Mental Health Nursing

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All nurses share a responsibility to promote the mental health and mental wellbeing of children and young people in the context of recent developments including the National Service Framework for Children, Young People and Maternity Services. Child and Adolescent Mental Health Nursing equips nurses with the essential skills and competencies needed when working with this important group of people. It explores best practice in a variety of settings and addresses issues such as eating disorders, self-harm, ADHD, learning disabilities, forensic mental health issues and misuse of drugs and alcohol in children and young people, as well as child protection, clinical governance and legal requirements. Child and Adolescent Mental Health Nursing enables nurses working in CAMHS to provide a high quality, evidence-based service to all children and young people with mental health problems and disorders, ensuring effective assessment, treatment and support, for them and their families. It is essential reading for all nurses working with children and young people, particularly those working in specialist child and adolescent mental health settings.

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