

# Multiple Personality Disorder: Your Guide to Understanding The Interesting World of Dissociative Identity Disorder

Alicia Jennings



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### Multiple Personality Disorder: Your Guide to Understanding the Interesting World of Dissociative Identity Disorder

Can you imagine what it might be like if you lost part of your day, only to have someone else tell you were you acting as someone totally different? And you wouldn't remember a thing?

Imagine if someone told you that you have been many other versions of yourself, but you still had no idea what was actually happening?

This is just one possibility within the world of **Dissociative Identity Disorder**.

Dissociative Identity Disorder, which is also referred to as Multiple Personality Disorder, is a mental disorder where one's thoughts, feelings, actions & memories becomes dissociated, it's kind of like a massively supercharged daydream, you lose all sense of yourself for certain periods of time.

People with Dissociative Identity Disorder, can have anywhere from two personalities to hundreds. While there is much debate amongst mental illness professionals, some believing it does not actually exist, rather thinking it's just another manifestation of another personality disorder, DID (Dissociative Identity Disorder) however is still fascinating.

### What to expect when you read this book?

- \* You'll learn the 101 of Multiple Personality Disorder, including how prevalent DID is in our society.
- \* You'll discover the Causes, Signs & Symptoms of Dissociative Identity Disorder
- \* You'll learn about the how DID is Diagnosed, and what the treatment options are.
- \* You'll also discover the better ways to interact with DID patients

If you would like to find out more about Multiple Personality Disorder, this book will help.

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