



Mountains of the Mind: How Desolate and Forbidding Heights Were Transformed into Experiences of Indomitable Spirit

Robert Macfarlane

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Three centuries ago, mountains were considered forbidding and forbidden—the abodes of dragons and other ill-tempered grotesque beasts. But with the growing recognition that the Earth's surface had not been created once and for all but was slowly evolving, mountains came to be seen as the unexplored text of the Earth's story—a terrain that scientists, adventurers, naturalists, and, finally, travelers began to explore. In

Mountains of the Mind, Robert Macfarlane blends cultural history, meditation, and memoir to show how early geologists helped transform our perceptions of the wild, chaotic landscapes; how the allure of height increasingly drew fearless climbers, culminating in the romantic figure of George Mallory, the passionate Englishman who died on Mount Everest in 1924; and how the elemental beauty of snow and ice coalesced into an aesthetic of the sublime.

Mountains of the Mind is at once an enthralling work of history, an intimate account of Macfarlane's own experiences, and a beautifully written meditation on how memory, landscape, imagination, and the landscape of mountains are joined together in our minds and under our feet.

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