



# **The Jaw Recovery Playbook:: Game Day & Recovery Playbook (The JRP System) (Volume 3)**

*Sasha Maggio*

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The Jaw Recovery Playbook System was developed as a result of thousands of hours of research and practical application. Having undergone two surgeries herself, Sasha Maggio saw a need for a comprehensive resource that was affordable and accessible to patients and their families. The multi-volume JRP System approaches the Jaw Surgery process from all angles. This Game Day & Recovery Playbook covers the time from setting the date for surgery and through the 12 weeks of the initial recovery process. Paired with the Recipe Playbook, patients and families are armed with the knowledge, experience, and support needed to undergo surgery with confidence, survive recovery with a more positive attitude, and recovery better, faster, and more completely! The Offense Playbook is designed for patients from the time they start braces for surgery and leading up to the surgery date, at which time the Game Day & Recovery Playbook takes over. The Defense Playbook covers the same pre-surgery time frame but from a perspective geared toward the patient's family, spouse, children, parents, or anyone else in their support team. Additional Playbooks have been developed for the "Offensive Coordinators" (aka the surgeons, orthodontists, dentists, doctors, and other providers involved in the surgery process) and for managing orthodontic treatment (i.e. braces) from beginning to end, including caring for and using retainers properly to ensure the hard work pays off! For more information and resources, visit [www.JawRecoveryPlaybook.com](http://www.JawRecoveryPlaybook.com) today!

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#### **Eli Gaddy:**

Spent a free time for you to be fun activity to try and do! A lot of people spent their leisure time with their family, or all their friends. Usually they accomplishing activity like watching television, about to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Might be reading a book could be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to try look for book, may be the book untitled The Jaw Recovery Playbook:: Game Day & Recovery Playbook (The JRP System) (Volume 3) can be great book to read. May be it might be best activity to you.

#### **Robert Poulin:**

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