

# Toothache and Gum disease - Treatment with Homeopathy, Schuessler salts (homeopathic cell salts) and Acupressure: A homeopathic, naturopathic and biochemical guide

Robert Kopf

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Toothache is caused when the nerve to a tooth is irritated or inflammed. Tooth pain often radiates to the cheek, jaw, jaw joint and ears. The pain is sharp and throbbing, sometimes accompanied by swelling around the tooth, fever and headache.

Causes of toothache include tooth decay, abscessed tooth, tooth fracture, a damaged filling, an infection of the tooth's nerve, a cavity (mostly created by bacteria), cracks in the enamel, exposed dental necks, inflammation of the jaw and sinuses, heat and cold stimuli, grinding teeth and infected gums.

Gum disease is an irritation and inflammation of the tissues and bones that surround and support the teeth. The two types of gum disease are called gingivitis and periodontitis. Gingivitis affects the gums, the tissue that surrounds the teeth and causes red, swollen and tender gums that bleed easily.

Periodontitis is a severe gum disease that spreads below the gums to damage the tissues and bone that support the teeth. Periodontitis causes the gums to shrink back from the teeth, leaving pockets between the teeth and gums where germs (bacteria) can grow and damage the bone that supports the teeth. Teeth look longer, may become loose and fall out.

In this naturopathic adviser I will give you recommendations how to treat toothache and gum disease with Homeopathy, Schuessler salts (also named cell salts, tissue salts, biochemistry) and acupressure. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage.

Acupressure comes from the Far East. During the acupressure treatment special points are pressed, massaged or rapped. As long as the energy is distributed evenly throughout the energy channels (meridians) of the body, the person is healthy. When the energy flow is disrupted, the person is sick. By treating certain points, the energy between the meridians will be balanced and the patient gets enough power to become healthy.

Homeopathy works holistically. It treats the whole body, spirit and soul. I wish you much success in your treatment of toothache and gum disease, joy of life and especially your health. You will find more information about health in my other ebooks.

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