



Essential Oils 5 Beautifying Tips: Have a Beautiful Glowing Face and Radiant Skin, Long Lustrous Hair, Stronger Nails, Slender Waist, and Get More Restful Sleep.

Melissa Winterspoon

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Essential oils are basically concentrated liquid containing aroma compounds from plants. “Essential” is simply the plant’s fragrance. I am not going to discuss, or get technical about the chemical properties of essential oils discussed in this book.

For thousands of years, essential oils have been used for cosmetic purposes, and their spiritually uplifting properties. There are numerous articles stating the positive benefits of essential oils.

Listed next, are some of the most common; skin and hair enrichment, pain reduction, better sleep, anti-bacterial properties, and improved quality of life. The good news is that hundreds of thousands of people just like you have reaped the benefits of natural essential oils.

The information in this book is for all women. This book will enhance you vitality, your sexuality, and improve mood by creating a more healthy beautiful you! For those of you who are looking for some style and appeal, congratulations you have found the best book.

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