



Parenting Your Child with Autism: Practical Solutions, Strategies, and Advice for Helping Your Family

Anjali Sastry, Blaise Aguirre MD

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Amid a bewildering range of treatments that promise to alleviate or even cure autism, even the leading researchers can't predict what will work for your child. As a parent, you are in a unique position to become the practical expert on your child's needs and strengths. *Parenting Your Child with Autism* will equip you with family-tested and science-based approaches for meeting the challenges ahead.

You'll learn how to get a diagnosis and navigate the health care and educational systems, make sense of your child's treatment options, and tap into expert opinions and your own observations to find a treatment program that works. Perhaps most importantly, you will learn how to become your child's best advocate, and build a better life for your child.

This book focuses on the processes and decisions parents of children with autism face every day. To help you build an everyday life that works for your child with autism and other family members, this book shares suggestions that range from practical and educational to philosophical, closing with some personal and professional advice for your journey ahead.

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