



Our Bodacious Year of Living WHAT IFs!: For ON-THE-GO humans: SNACK-SIZE empowering prompts that create LIFE-TRANSFORMING shifts

Liz Stubbs

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For ON-THE-GO humans: SNACK-SIZE empowering prompts that create LIFE-TRANSFORMING shifts. With WHAT IF play and practice, we each become our own WHAT IF maestros, opening our minds to the dreams we thought were impossible. In practicing and playing with each of the 365 WHAT IF prompts, we choose to become our own heroes, living our possibilities instead of imprisoning ourselves behind limits of atrophied daring or malnourished dreams.

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