



Lift Yourself 21-day challenge: The one-day-at-a-time guide to having it all without losing yourself

June Pinkney

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ATTENTION LADIES! You don't have to wait for someone else to save you—you can LIFT yourself!

When lifestyle coach June Pinkney finally achieved what others labeled “success” in life earning her college degree and moving up the corporate ranks as an accountant at a major insurance firm (while being a single mother)— she felt she had arrived. But having done so many things right, why did she feel unfulfilled? The lessons that came from the disillusionment of having it all yet feeling that she lacked so much, sent her on a journey to find what really matters in life. In this 21-day challenge June takes you step-by-step through her own process and guides you through your personal journey of discovery, goal setting, and Living In Freedom and Truth

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