



Group Coaching: A Practical Guide to Optimizing Collective Talent in Any Organization

Ro Gorell

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As internal coaching programs are becoming a widely used approach to retaining, engaging and developing employees, it is also becoming increasingly obvious that group and team coaching is the most beneficial form of talent development. Coaching people in groups is not only cost effective but also presents opportunities for systemic change, developing everyone in the process.

With tips, templates and varied perspectives, *Group Coaching* is a practical handbook that coaches readers and allows them to learn at their own pace. It covers key topics such as the definition and uses of group coaching, contracting and establishing goals, face to face versus virtual group coaching, group dynamics, the differences between a good coach and a good group coach, selecting a group coach, evaluating group coaching, creating viral coaching networks, the differences between team and group coaching and the business case for group coaching.

Presenting a framework of best practice supported by a range of tried and tested group exercises, tools and case studies, change consultant and business coach Ro Gorell provides the preparation needed to run successful group coaching sessions and use group coaching as a way of developing talent.

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