



Everything Changes: The Insider's Guide to Cancer in Your 20's and 30's

Kairol Rosenthal

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By page three of the introduction to *Everything Changes*, I wanted not only to devour the rest of the book, but I wanted to call Kairol up, get to know her, and (if we weren't both already married) see if I could sleep with her. Then the book got really good. It is, without doubt, the most forthright, emotionally sophisticated, and plain-old valuable book of its kind I've seen. The book defines and exemplifies what the verb 'fight' really means: to arm, prepare, and engage in sustained effort to gain a desired end. If that's your mission, this is your instruction manual.

—Evan Handler, actor and author of *Time On Fire* and *It's Only Temporary: The Good News and the Bad News of Being Alive* (and a guy who got well from acute myeloid leukemia in 1985)

On a shoestring budget and with tape recorder in hand, Kairol Rosenthal emerged from treatment and hit the road in search of other twenty- and thirtysomething cancer survivors. From the Big Apple to the Bible Belt, she dusted the sugarcoating off of the young adult cancer experience, exposing the gritty and compelling stories of twenty-five complete strangers. The men and women in *Everything Changes* confess their most vulnerable moments, revealing cancer experiences they never told anyone else—everything from what they thought about at night before going to bed to what they wish they could tell their lovers but were too afraid to.

With irreverent flare and practical wisdom, *Everything Changes* includes stories, how-to resources, and expert advice on issues that are important for young adult cancer patients, including:

- Dating and sex
- Medical insurance and the healthcare system
- Faith and spirituality
- Employment and career
- Fertility and adoption
- Friends and family

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Frances Carpenter:

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Kevin Pinkney:

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