



Authentic Italian Made Easy...Seafood & Fish: For Busy People Who Want to Eat Well

Olivia Giordano

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Italian peasant food at it's very best!

Indulge in a great collection of easy to make, truly Italian seafood dishes suitable for every occasion. Many of the recipes are naturally Paleo-friendly, all of them authentically delicious.

Based on the straightforward cooking style and recipes of her adored grandfather, Olivia Giordano provides us with a generous, tempting assortment of delectable shellfish sauces and pasta combinations that are reminiscent of Mulberry Street restaurant quality.

From Calamari, Shrimp Fra Diavolo and Lemon Sole to Mussels Marinara, Baked Scallops and Zuppe di Pesce, you'll be amazed at the impressive and delicious meals you can create following the author's thorough preparation instructions and guidance.

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